Life Threatening Rupture of A Superficial Temporal Artery Aneurysm Presenting with Scalp Hematoma - A Rare Presentation

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Abstract
Herein we report a rare case in a sixty year old lady who presented in hypotensive state with scalp hematoma following rupture of a traumatic aneurysm in a frontal branch of superficial temporal artery. After resuscitation she was undertaken for invasive angiography that revealed the aneurysm. The wound was excised and wound primarily closed. The lady made an uneventful recovery.

Keywords: Trauma; Aneurysm; Hematoma

Introduction
Traumatic aneurysm of superficial temporal artery (STA) is a known entity [1]. However, its presentation as life threatening scalp hematoma following its rupture is a rare epiphenomenon. Herein, we report one such case in a 60 year lady and discuss the management undertaken in the same.

Case Report

A 65 year old lady was brought to the emergency department in the College of Medical Sciences with a history of sudden onset bleeding and swelling on her scalp following a trivial fall at home (Figure 1). The patient was hypotensive at presentation with initial blood pressure of 60/40mm of mercury. She was timely resuscitated. Initial lab investigation revealed hemoglobin of only 4.5gm%. She was therefore adequately transfused blood. Local examination revealed a scalp swelling in the left frontal region of approximately 6x5cm2 with a black crater on its top. There was no ongoing bleed. There was no bruit audible over the swelling or presence of any abnormal dilated vessels surrounding the lesion. There was however a linear scar in the vicinity of the swelling which the patient related to a fall injury she sustained eight months prior. The patient denied similar swelling elsewhere. The patient did not have significant past medical and surgical illnesses. She was not on any medications on a long term basis. There was no history of spontaneous epistaxis, ecchymosed or gum bleeding.

After the patient was hemo-dynamically stable, we performed invasive angiography that revealed an aneurysm in the STA territory (Figure 2). No other vascular abnormalities...
Discussion

STA aneurysm occurs mostly following blunt trauma due to the superficiality of its location [2]. Other causes include penetrating injuries, iatrogenic causes such as skull tractions and sometimes contact sports [3-5].

The main epicenter for the occurrence of the lesion is at the origin of the frontal branch of the STA wherein it traverses from the temporalis to the frontalis muscle but is tethered to the underlying fascia [6]. Presence of loose tissue in the scalp allows its growth and propensity for its subsequent rupture.

The time lapse from the trauma to the detection of the lesion is varying from days to 6 weeks in most of the cases [7]. The patients usually present with history of slowly progressive swelling with pulsating headache [8]. Pulsatile nature may be paradoxically absent if there in spontaneous thrombosis within the aneurysm [9]. Very few patients may present with cosmetic issues. Most often audible bruit will be heard over the lesion.

There are several methods mentioned so as to diagnose the condition [10]. Color Doppler ultrasound may be used in cases of pulsatile lesions. Computed tomography and magnetic resonance imaging, though noninvasive, cost factor is the main limiting issue for their routine use. In difficult cases like ours, wherein there was a rupture with huge scalp hematoma, invasive angiography has a place to correctly diagnose the condition.

However, there are risks adherent with it. It may have additional benefits in endovascular obliteration with uses of coils, thrombin or N Butyl C Acrylate (NBCA) in few selected cases [6]. Management of this entity diverse from conservative management, ultrasound guided temporary proximal occlusion of the STA trunk, endovascular and finally surgical excision of the lesion [11].

Intervention for this condition is justified because of the cosmetic issue and the risk of hemorrhage. Surgical excision is the preferred modality with proximal and distal ligation of the main trunk and excision of the aneurysm.

Our case is unique in many ways. Firstly, it was involving the frontal branch of the superficial temporal artery. Secondly, it presented 8 months after the history of trauma sustained to the head. Thirdly, its presentation as a life threatening bleeding episode as a scalp hematoma has not been previously reported.

Conclusion

This case report highlights the importance of accounting the fact that superficial temporal artery aneurysm can present months later the ictal head injury with life threatening scalp hematoma following its rupture. The timely intervention of this entity is therefore justified.

References
